

NRAMP Participant Ambassador Role Description

Purpose:

The National Register of Antipsychotic Medication in Pregnancy (NRAMP) is an observational, nationwide research study for women of child-bearing age who take antipsychotic medication during pregnancy. Many women like to share their experience of pregnancy, including those who may need to take antipsychotic medication at this time.

The role of the NRAMP Participant Ambassador provides an opportunity for women to assist others in similar situations and to enhance the understanding of the needs of this group within our communities. The role is one of support for women in our communities who require antipsychotic medication during pregnancy, thereby assisting with recruitment for The National Register of Antipsychotic Medication in Pregnancy (NRAMP).

NRAMP Participant Ambassadors are invited to share their stories and experiences of the need for antipsychotic medication during pregnancy, and the impact this has on their families and lifestyles. This may include talking with clinicians, consumers and carers at appropriate forums; it may also include the opportunity to write their stories for inclusion in NRAMP Newsletters, Booklets and the NRAMP website.

Eligibility:

- Women who are present or past NRAMP consented participants
- Women must be living in Australia
- Women must be able to provide informed consent

Informed Consent:

- Participants are provided with an explanation of the role and given an opportunity to ask questions; participants are required to show an understanding of the role
- Participation is voluntary; participants may withdraw from the role at any time
- Participants are required to provide informed consent by signing the Consent Form; participants will receive a copy of the signed Consent Form, for their records

Activities:

- Participants may be offered the opportunity to share their experiences, as directed by NRAMP Personnel, with appropriate groups of clinicians, consumers and carers
- This may include talking to appropriate groups via presentations and discussions, and the use of associated photographs or other related material as required
- NRAMP Personnel may also undertake this task by speaking on behalf of NRAMP Participant Ambassadors, when appropriate
- Appropriate photographs and stories may be used in NRAMP advertising material, including NRAMP Newsletters (to Clinicians and Participants), brochures, booklets and on the NRAMP Website
- Participants are encouraged to 'write their stories', which may be included in NRAMP presentations, discussions, advertising, brochures and booklets

Confidentiality:

- The confidentiality of NRAMP Participant Ambassadors is maintained by using first names only, as requested
- The confidentiality of all NRAMP participants and their information will continue to be maintained

Benefits:

- Opportunities to support women who need to take antipsychotic medication during pregnancy
- Opportunities to share their stories and foster interest and understanding for this group of women and their families in our communities
- The opportunity to put experiences into written form can be cathartic for some women, and therefore possibly beneficial to mental health and wellbeing
- Opportunities for continued contact with NRAMP Personnel, as required
- NRAMP Participant Ambassadors may stay in the role indefinitely, or otherwise, as the need arises
- This supporting role encourages continued recruitment to NRAMP, which will allow for more comprehensive data collection and guideline development of antipsychotic medication use during pregnancy, with subsequent benefit for all

NRAMP Personnel:

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